

# Pork

• RETAIL CUTS •  
WHERE THEY COME FROM  
HOW TO COOK THEM



**LEG/HAM**

- Leg Cutlet  
*Pan-fry, Broil, Braise, Roast, Pan-broil*
- Top Leg (Inside) Roast  
*Roast, Braise*
- Smoked Ham  
*Roast*
- Smoked Ham Shank Portion  
*Roast*
- Smoked Ham Center Slice  
*Broil, Pan-broil, Pan-fry, Roast*
- Smoked Ham Rump Portion  
*Roast*
- Canned Ham  
*Roast*
- Sliced Ham  
*Pan-fry, Pan-broil, Braise*
- Boneless Smoked Ham  
*Roast*

**SHOULDER**

- Blade Roast  
*Roast, Braise*
- Blade Steak  
*Braise, Broil, Pan-broil, Pan-fry*
- Boneless Blade Roast  
*Roast, Braise*
- Smoked Shoulder Roll  
*Roast, Cook in Liquid*
- Boneless Arm Picnic Roast  
*Roast, Braise*
- Smoked Hocks  
*Braise, Cook in Liquid*
- Smoked Picnic  
*Roast, Cook in Liquid*

**LOIN**

- Country-Style Ribs  
*Roast, Braise, Broil, Cook in Liquid*
- Sirloin Cutlet  
*Braise, Broil, Pan-broil, Pan-fry*
- Tenderloin  
*Roast, Braise, (Slices: Pan-fry, Braise)*
- Center Rib Roast  
*Roast*
- Blade Roast  
*Roast, Braise*
- Boneless Blade Roast  
*Roast, Braise*
- Sirloin Roast  
*Roast*
- Boneless Sirloin Roast  
*Roast*
- Crown Roast  
*Roast*
- Smoked Loin Chop  
*Roast, Broil, Pan-broil, Pan-fry*
- Canadian-Style Bacon  
*Roast, Broil, Pan-broil, Pan-fry*

**SIDE**

- Spareribs  
*Roast, Broil, Cook in Liquid, Braise*
- Sliced Bacon  
*Pan-fry, Broil, Roast (Bake)*

**OTHER CUTS**

- Blade Chop  
*Braise, Broil, Pan-broil, Pan-fry*
- Rib Chop  
*Broil, Pan-broil, Pan-fry, Braise*
- Top Loin Chop  
*Broil, Pan-broil, Pan-fry, Braise*
- Loin Chop  
*Broil, Pan-broil, Pan-fry, Braise*
- Sirloin Chop  
*Braise*
- Butterfly Chop  
*Broil, Pan-broil, Pan-fry, Braise*
- Back Ribs  
*Roast, Broil, Braise, Cook in Liquid*
- Top Loin Roast (Double)  
*Roast*
- Center Loin Roast  
*Roast*
- Cubed Steak  
*Braise, Pan-broil, Pan-fry*
- Pork Pieces  
*Braise, Cook in Liquid*
- Cubes for Kabobs  
*Broil, Braise*
- Ground Pork  
*Broil, Pan-broil, Pan-fry, Roast (Bake)*
- Sausage Links  
*Braise, Pan-fry, Roast*

THIS CHART APPROVED BY  
NATIONAL LIVE STOCK & MEAT BOARD

